



BARING ALL: The savvy stylists say they will never ask women to do something they wouldn't do themselves - which is why viewers have been seeing a lot more of the pair in recent shows

girls practice what they preach and weren't above stripping naked for the launch of their latest television series, *The Great British Body*.

"We never ask people to do something we wouldn't do ourselves," says Susannah.

"I don't have the perfect body. My legs are my least favourite part, they are very short so I always wear clothes and heels that make them look longer. I do like my arms though."

"And my tummy, after the birth of my three darling children, has never been the same," confesses Susannah.

Trinny conceals her post-pregnancy wobbly bits: "I wear our Original Magic Knickers Tummy Flattener Thong, which creates the illusion of a flat stomach. I do like my legs though."

And this pair certainly put a lot of work into how they look.

"I've always had a love of fashion, I used to do makeovers on all the girls at school. It all stemmed from a very early age."

"I love planning and organising my wardrobe. I really enjoy sorting out my clothes, my friends laugh at me," explains Trinny.

"I've passed my fascination with style onto my daughter, Lyla. She's only four but she loves clothes, jewellery and dressing up."

But big-hearted Susannah loves doling out the free advice to everyday victims of fashion: "I've been known to stop people in the street and give them fashion advice. So far all the people I have approached

have appreciated it," she says. "But I haven't been without my own fashion faux pas. I remember I wore an awful Emanuel dress that looked like it could have been made for a fancy dress party. There was an upside to it though - it was a good shape, it showed off my chest and waist and hid the bits of arms I hate."

Trinny adds: "Of course we have made style blunders in the past. We look at some of them during our *Style Academy* at *Style in the City*."

"Once my father took me to a shop to have an outfit made and out of all the things I could have chosen I picked this hideous white floral patterned print and had it made into a blouse with bouffant sleeves and a matching neck scarf. I thought it looked particularly good with the scarf over my head rather than around my neck."

Susannah gushes: "Trinny has the better dress sense between the two of us now though. She always looks beautiful."

"We always help each other and offer constructive advice, we know each other's body shapes as well as we know our own," adds Trinny.

Style in the City, Ireland's premier fashion event even takes place in the gardens of Merrion Square, Dublin from Thursday September 11 through to Sunday September 14, 2008. ●

BAG FREE TICKETS

Style in the City would like to offer *Sunday World* readers 4 tickets for the price of 3. Readers must quote *Sunday World* when purchasing tickets. Offer valid from August 25 to September 7 for Style €40 tickets only. Booking fees apply. Tickets can be bought from www.styleinthecity.ie or www.ticketmaster.ie or ph: 0818 30 00 30.

BIRDS